

CHECK OUT THE ARTS & CULTURE SECTION AT P.22 FOR MORE YOUTH PROGRAMS.

□ YOUTH: GENERAL

INCLUSION COUNSELLOR IN TRAINING (CIT)

Learn the basics of Leader training for inclusion programs: including adaptive programming, sports and games for those with special needs. Program will include classroom instruction and placements. Certificate to be presented upon successful completion.

□ SK8PARK

For all Sk8park programs, helmets are mandatory. Elbow, knee and wrist guards are recommended.

ROLLERBLADING LESSONS (BEGINNER)

Introductory structured lessons include: carving and foot positioning, lessons on ramps, pumping, 180 degree turns on ramps, and dropping in. Equipment knowledge and care is also included.

ROLLERBLADING LESSONS (INTERMEDIATE)

Expand on your range of tricks and techniques. Learn more combos and try new grinds, manuals and slides.

SCOOTER LESSONS (BEGINNER)

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, balance, park

etiquette, and safety while riding in our Skatepark setting. Introduction to the bunny hop and tailwhip will also be taught.

SCOOTER LESSONS (INTERMEDIATE)

Review and perfect the core elements taught in Beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails, and ledges, as well as airs and spins.

SK8 APPRENTICE PROGRAM

A leadership training and development program designed for youth. Participants will learn the basics of delivering the National Skateboard Certification Program's SKATZ teaching system. This course will require practical teaching hours in the Skatepark.

SK8 LESSONS - STANCE

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. Helmets are mandatory. Elbow, knee and wrist pads are recommended.

SK8 LESSONS - KICKS 1 OR 2

Kicks 1 (Roll-Ins): Students continue to establish balance, proper pushing, and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized.

Kicks 2 (Drop-Ins): Students capable of demonstrating the ability of balance and basic skills will learn to drop-in on 2 and 3 foot quarter pipes, ride fakie, reverts, move to 4 foot flatbanks, roll in competency, learn ollie skills, and skateboard care.

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Inclusion CIT	14Y+	9	Sat	Sep 24	9 a.m. - Noon	MC	84950	\$100	\$100	\$100
Rollerblading (Beg)	All Ages	8	Tue	Sep 20	6 - 7 p.m.	NYC	85035	\$70	\$80	\$100
Rollerblading (Int)	All Ages	8	Tue	Sep 20	7 - 8 p.m.	NYC	86377	\$70	\$80	\$100
Scooter (Beg)	All Ages	8	Sat	Sep 24	10 - 11 a.m.	NYC	85037	\$70	\$80	\$100
Scooter (Inter.)	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	86378	\$70	\$80	\$100
SK8 Apprentice...	14-17Y	6	Tue	Sep 20	8 - 9 p.m.	NYC	86373	\$60	\$70	\$90
Sk8 - Stance	All Ages	8	Tue	Sep 20	6 - 7 p.m.	NYC	85039	\$70	\$80	\$100
Sk8 - Stance	All Ages	8	Sat	Sep 24	9 - 10 a.m.	NYC	85040	\$70	\$80	\$100
Sk8 - Kicks 1 or 2	All Ages	8	Tue	Sep 20	7 - 8 p.m.	NYC	85041	\$70	\$80	\$100
Sk8 - Kicks 1 or 2	All Ages	8	Sat	Sep 24	10 - 11 a.m.	NYC	85042	\$70	\$80	\$100

NYC - Newmarket Youth Centre MC - Magna Centre



SKATEBOARDING & ROLLERBLADING FOR ADULTS!

Check out our adult skateboard and rollerblade program in the adult sport section!

SK8 LESSONS - AXLES 1

Axles 1 (Transitions): Students continue to develop skills of drop-in on quarters up to 4 and 5 feet., competency in kick turns, and proper pumping on transitions They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds.

SK8 LESSONS - AXLES 2

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe.

SK8 LESSONS - TRANSFERS 1

Students will be mastering ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground.

SK8 LESSONS - TRANSFERS 2

Students are challenged in this level to learn a new series of skills including mastering the Fakie of Flatground tricks. Leadership roles are encouraged, along with safety and equipment review.

SK8 LESSONS - TRANSFERS 3

Having successfully demonstrated competency on Flatground tricks, students will apply these tricks to

obstacles. Maneuvers include ollie out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.

SK8 LESSONS - TRANSFERS 4

This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers and learn about improving performance. Prove you can do anything, and demonstrate your versatility, leadership, and perseverance.

SPORTS

BALL HOCKEY

Fast action league play, with weekly games, warm ups, drills and final tournament.

ULTIMATE SPORTS

Each week, play a different sport such as soccer, basketball, floor hockey, volleyball, badminton, and more.

SLEDGE ICE HOCKEY

Hockey played in ice sledges, this exciting new program is geared for all abilities. Able bodied persons welcome too. Coaching, skill development and scrimmage are included. Exhibition games will be booked through the season. Ice sledges are available for use. Full hockey protective gear is required. Program runs from Sept through to Mar.

See page 63 for registration details.

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Sk8 - Axles 1	All Ages	8	Tue	Sep 20	7 - 8 p.m.	NYC	85044	\$70	\$80	\$100
Sk8 - Axles 1	All Ages	8	Sat	Sep 24	9 - 10 a.m.	NYC	85045	\$70	\$80	\$100
Sk8 - Axles 2	All Ages	8	Tue	Sep 20	6 - 7 p.m.	NYC	85048	\$70	\$80	\$100
Sk8 - Axles 2	All Ages	8	Sat	Sep 24	10 - 11 a.m.	NYC	85049	\$70	\$80	\$100
Sk8 - Transfers 1	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	85050	\$70	\$80	\$100
Sk8 - Transfers 2	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	86375	\$70	\$80	\$100
Sk8 - Transfers 3	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	85053	\$70	\$80	\$100
Sk8 - Transfers 4	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	85054	\$70	\$80	\$100
Ball Hockey	8-12Y	8	Fri	Sep 23	4:30 - 5:30 p.m.	NYC	85056	\$25	\$35	\$55
Ultimate Sports	7-12Y	8	Sat	Sep 24	1 - 2 p.m.	NYC	85057	\$25	\$35	\$55

All programs/aquatics include RAS (Recommending a Strategy Surcharge) fee but DO NOT include applicable taxes. No taxes are applied on programs for 14 yrs. and under.