

# NEWMARKET YOUTH CENTRE

+ Sk8park (Phone. 905-953-5120)

The Newmarket Youth Centre (NYC) aims to provide a relaxed atmosphere for young people to hang out and have fun with friends. We focus on youth ages 13 - 17 years, but also feature specific opportunities for children under 13 and young adults 18+. In keeping with the idea this centre is dedicated to young people, we ask all parents to exit the building when the facility is dedicated for the 13+ age group. Please feel comfortable leaving your child here so they can socialize with other youth, in a relaxed, yet supervised environment. We appreciate your understanding regarding this building's objective.

Parents are welcome to relax in the centre during the 12 and under periods; however, if you make use of the equipment (games / fitness area, gym, etc) you are required to purchase a wristband for \$1. Your dollar will help maintain our equipment, and allow for additional NYC resources.

## Annual Membership

Resident	\$13.45 includes tax
Non-resident	\$34.97 includes tax

A one time quick registration form and proof of age is all you need. Members receive reduced rates on registered programs, and may access the Youth Centre (excluding the Sk8 Park) for FREE! Photo ID membership cards will be issued.

NYC membership permits free access to the lobby games area, computer lab, drop-in gym activities, fitness equipment (14+ years), large screen TV, and gaming systems.

Membership registration must be completed prior to course registration to receive discount prices. Registration must be in person at the Youth Centre, Ray Twinney Complex, Magna Centre or Municipal Office.

## Youth Centre Fees 2011

Member Day Pass	FREE!
Non-Member Day Pass	\$1

(speciality programs and events may have additional charges)

## Sk8Park Fees 2011

Child Day Pass (ages 12 & under)	\$7 includes tax
Member Day Pass (ages 13+)	\$7 includes tax
Non-member Day Pass (ages 13+)	\$9.25 includes tax
Helmet rentals (Helmets are mandatory)	\$2 includes tax
Member 10 Pass	\$56.27 includes tax
Non-member 10 Pass	\$73.34 includes tax

## Closures

**Holidays: September 5, October 10**

The NYC will be closed on Weekends, from May 21, to Sept 10, 2011.

## Birthday Parties & Rental Inquiries

To book skate park birthday parties or meeting room space within the facility, call 905-953-5120.

## National Skateboard Certification SKATZ Program

We offer a progression based skateboard teaching system consisting of five levels, with emphasis on skill development, challenge, safety and fun!

## Apprentice Leadership Program

Become an apprentice for the SKATZ program. Build your skateboard teaching, coaching and leadership skills. Complete your volunteer hours.

## Be a Volunteer!

Develop your leadership skills, learn new skills, assist with special events, organize activities, meet new friends and have fun! Join the team of volunteers and complete your co-op or high school requirements. Apply in person or call 905-953-5120 to set an appointment.

## Private Lessons

Private skateboard, rollerblade, and scooter lessons are available, based on park and instructor availability. Call 905-953-5120 for more information.

## New Programs

Do you have an idea for a new program here at the Youth Centre? If so, call Jason at 905-953-5300, press 2 then ext. 2822.

# NYC – Schedule SEPTEMBER 6 - DECEMBER 23

	12 & Under	13 & Up	16+
<b>Monday</b>	4 – 6 p.m.	6 – 9 p.m.	
<b>Tuesday</b>	4 – 6 p.m.	6 – 9 p.m.	
<b>Wednesday</b>	4 – 6 p.m.	6 – 9 p.m.	
<b>Thursday</b>	4 – 6 p.m.	6 – 8 p.m.	8 – 10 p.m.
<b>Friday</b>	4 – 6 p.m.	6 – 8 p.m.	8 – 10 p.m.
<b>Saturday</b>	9 a.m. – 3 p.m.	3 – 6 p.m.	6 – 9 p.m.
<b>Sunday</b>	10 a.m. – 1 p.m.		1 – 4 p.m.

**Please Note:**

The Sk8 Park is not available during lessons on Saturday mornings from Sep 24 to Nov12  
 The Sk8 Park is not available during lessons on Tuesday night from 6 to 8 p.m. (Sep 20 to Nov8)  
 The gym is dedicated to lacrosse Tuesday night. 7 p.m. = under 10 years, 8 p.m. = 10+ years. (Oct 4 to Dec 20)  
 The gym is not available Wednesday nights from 6 to 9 p.m. (Sept. 21 to Nov.23)  
 Scooter riders who wish to use the Sk8 Park must follow the pattern of use similar to that of a skateboarder or rollerblader. If posted park etiquette can be followed, scooter riders will continue to be permitted to use the park on a regular basis, according to advertised age guidelines.  
 Contact us for information on private Sk8 lessons, birthday party packages, or facility rentals.

**COMPUTER LAB:** Perfect for gaming, research for school assignments, or chatting with friends. The lab is available whenever the centre is open, outside of registered program use.

**LOUNGE:** Perfect for hanging out with friends in an environment made just for you. The lounge is almost always available, but just to be sure; an updated schedule will be posted at the lounge door.

**GAMES AREA:** Pool table, tabletop shuffleboard, air hockey tables, foosball, table tennis, large screen TV, Wii, and assorted board games.

**FITNESS / WEIGHT AREA:** Includes various cardio machines and weights. You must be 14+ to use.

**And don't forget to check out:**

*Pizza and a Movie  
 (Ages 12 & Under – Fridays - 4:15 p.m.)*

*Pizza and a Movie  
 (Ages 13 & Up – Fridays - 6:30 p.m.)*

*VENT program  
 (Wednesdays from 6 to 9 p.m.)*

*VENT prides itself on being a safe, confidential and accepting social space for youth aged 16 to 25. Stop by to hang out, meet friends, and be yourself.*

YOUTH

**Lacrosse**

In partnership with Redbirds Lacrosse, drop-in and play Tues nights. Under 10 yrs. from 7 to 8 p.m. and 10+ years from 8 to 9 p.m.



**The FUSION Group**

A social club focused on creating positive ties with youth from the LGBT community. It meets the second Monday of each month from 7 to 9 p.m. Call for more information.

**Cyberzone Dances**

For young people ages 8 to 14. Call for dates or visit [cyberzone.ca](http://cyberzone.ca)



**Inclusion CIT (Counsellor in Training)**

Learn the basics of Leader training for inclusion programs: including adaptive programming, sports and games for those with special needs. Program will include classroom instruction and placements. Certificate to be presented on successful completion.

14-30 yrs. | 10 Classes | Sep 24  
 9 a.m. - Noon | Magna Centre |  
 Code: 84950 | \$100

CHECK OUT THE **ARTS & CULTURE SECTION** AT **P.22** FOR MORE YOUTH PROGRAMS.

## □ YOUTH: GENERAL

### INCLUSION COUNSELLOR IN TRAINING (CIT)

Learn the basics of Leader training for inclusion programs: including adaptive programming, sports and games for those with special needs. Program will include classroom instruction and placements. Certificate to be presented upon successful completion.

## □ SK8PARK

*For all Sk8park programs, helmets are mandatory. Elbow, knee and wrist guards are recommended.*

### ROLLERBLADING LESSONS (BEGINNER)

Introductory structured lessons include: carving and foot positioning, lessons on ramps, pumping, 180 degree turns on ramps, and dropping in. Equipment knowledge and care is also included.

### ROLLERBLADING LESSONS (INTERMEDIATE)

Expand on your range of tricks and techniques. Learn more combos and try new grinds, manuals and slides.

### SCOOTER LESSONS (BEGINNER)

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, balance, park

etiquette, and safety while riding in our Skatepark setting. Introduction to the bunny hop and tailwhip will also be taught.

### SCOOTER LESSONS (INTERMEDIATE)

Review and perfect the core elements taught in Beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails, and ledges, as well as airs and spins.

### SK8 APPRENTICE PROGRAM

A leadership training and development program designed for youth. Participants will learn the basics of delivering the National Skateboard Certification Program's SKATZ teaching system. This course will require practical teaching hours in the Skatepark.

### SK8 LESSONS - STANCE

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. Helmets are mandatory. Elbow, knee and wrist pads are recommended.

### SK8 LESSONS - KICKS 1 OR 2

**Kicks 1 (Roll-Ins):** Students continue to establish balance, proper pushing, and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized.

**Kicks 2 (Drop-Ins):** Students capable of demonstrating the ability of balance and basic skills will learn to drop-in on 2 and 3 foot quarter pipes, ride fakie, reverts, move to 4 foot flatbanks, roll in competency, learn ollie skills, and skateboard care.

YOUTH

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Inclusion CIT	14Y+	9	Sat	Sep 24	9 a.m. - Noon	MC	84950	\$100	\$100	\$100
Rollerblading (Beg)	All Ages	8	Tue	Sep 20	6 - 7 p.m.	NYC	85035	\$70	\$80	\$100
Rollerblading (Int)	All Ages	8	Tue	Sep 20	7 - 8 p.m.	NYC	86377	\$70	\$80	\$100
Scooter (Beg)	All Ages	8	Sat	Sep 24	10 - 11 a.m.	NYC	85037	\$70	\$80	\$100
Scooter (Inter.)	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	86378	\$70	\$80	\$100
SK8 Apprentice...	14-17Y	6	Tue	Sep 20	8 - 9 p.m.	NYC	86373	\$60	\$70	\$90
Sk8 - Stance	All Ages	8	Tue	Sep 20	6 - 7 p.m.	NYC	85039	\$70	\$80	\$100
Sk8 - Stance	All Ages	8	Sat	Sep 24	9 - 10 a.m.	NYC	85040	\$70	\$80	\$100
Sk8 - Kicks 1 or 2	All Ages	8	Tue	Sep 20	7 - 8 p.m.	NYC	85041	\$70	\$80	\$100
Sk8 - Kicks 1 or 2	All Ages	8	Sat	Sep 24	10 - 11 a.m.	NYC	85042	\$70	\$80	\$100

NYC - Newmarket Youth Centre MC - Magna Centre



## SKATEBOARDING & ROLLERBLADING FOR ADULTS!

Check out our adult skateboard and rollerblade program in the adult sport section!

### SK8 LESSONS - AXLES 1

**Axles 1 (Transitions):** Students continue to develop skills of drop-in on quarters up to 4 and 5 feet., competency in kick turns, and proper pumping on transitions They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds.

### SK8 LESSONS - AXLES 2

**Axles 2 (Stalls):** Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe.

### SK8 LESSONS - TRANSFERS 1

Students will be mastering ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground.

### SK8 LESSONS - TRANSFERS 2

Students are challenged in this level to learn a new series of skills including mastering the Fakie of Flatground tricks. Leadership roles are encouraged, along with safety and equipment review.

### SK8 LESSONS - TRANSFERS 3

Having successfully demonstrated competency on Flatground tricks, students will apply these tricks to

obstacles. Maneuvers include ollie out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.

### SK8 LESSONS - TRANSFERS 4

This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers and learn about improving performance. Prove you can do anything, and demonstrate your versatility, leadership, and perseverance.

## SPORTS

### BALL HOCKEY

Fast action league play, with weekly games, warm ups, drills and final tournament.

### ULTIMATE SPORTS

Each week, play a different sport such as soccer, basketball, floor hockey, volleyball, badminton, and more.

### SLEDGE ICE HOCKEY

Hockey played in ice sledges, this exciting new program is geared for all abilities. Able bodied persons welcome too. Coaching, skill development and scrimmage are included. Exhibition games will be booked through the season. Ice sledges are available for use. Full hockey protective gear is required. Program runs from Sept through to Mar.

**See page 63 for registration details.**

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Sk8 - Axles 1	All Ages	8	Tue	Sep 20	7 - 8 p.m.	NYC	85044	\$70	\$80	\$100
Sk8 - Axles 1	All Ages	8	Sat	Sep 24	9 - 10 a.m.	NYC	85045	\$70	\$80	\$100
Sk8 - Axles 2	All Ages	8	Tue	Sep 20	6 - 7 p.m.	NYC	85048	\$70	\$80	\$100
Sk8 - Axles 2	All Ages	8	Sat	Sep 24	10 - 11 a.m.	NYC	85049	\$70	\$80	\$100
Sk8 - Transfers 1	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	85050	\$70	\$80	\$100
Sk8 - Transfers 2	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	86375	\$70	\$80	\$100
Sk8 - Transfers 3	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	85053	\$70	\$80	\$100
Sk8 - Transfers 4	All Ages	8	Sat	Sep 24	11 a.m - Noon	NYC	85054	\$70	\$80	\$100
Ball Hockey	8-12Y	8	Fri	Sep 23	4:30 - 5:30 p.m.	NYC	85056	\$25	\$35	\$55
Ultimate Sports	7-12Y	8	Sat	Sep 24	1 - 2 p.m.	NYC	85057	\$25	\$35	\$55

All programs/aquatics include RAS (Recommending a Strategy Surcharge) fee but DO NOT include applicable taxes. No taxes are applied on programs for 14 yrs. and under.