

YOUTH: ARTS & CULTURE

COOKING CLUB

Learn how to prepare and enjoy delicious meals each week with friends. Participants will take recipes home and show off their new culinary skills.

HIP HOP

If you love to dance, you will enjoy this fun, fit, program for youth featuring the latest Hip Hop tunes and moves.

SKATEBOARD DECK DESIGN

Paint your own board or purchase a new deck and create a uniquely designed skateboard that signifies you as a skateboarder.

SK8PARK

SCOOTER LESSONS (BEG)

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, balance, park etiquette, and safety while riding in our Skatepark setting. Introduction to the bunny hop and tailwhip will also be taught.

SCOOTER LESSONS (INTER)

Review and perfect the core elements taught in beginner, with more emphasis on learning tricks and techniques needed to develop existing skills.

Participants will also be taught an introduction to ramps, rails, and ledges, as well as airs and spins.

SK8 LESSONS - STANCE

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. Helmets are mandatory. Elbow, knee and wrist pads are recommended.

SK8 LESSONS - KICKS 1

Roll-Ins: Students continue to establish balance, proper pushing, and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized..

SK8 LESSONS - KICKS 2

Drop-Ins: Students capable of demonstrating the ability of balance and basic skills will learn to drop in on 2 and 3 foot quarter pipes, ride fakie, reverts, move to 4 ft flatbank, roll in competency, learn ollie skills, and skateboard care.

SK8 LESSONS - AXLES 1

Axles 1 (Transitions): Students continue to develop skills of drop-in on quarters up to 4 and 5 feet., competency in kick turns, and proper pumping on transitions They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds.

SK8 LESSONS - AXLES 2

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe.

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Cooking Club	10 - 14Y	8	Tue	Jul 3	5 - 6:30 p.m.	RYC	88127	\$35	\$45	\$65
Hip Hop	12 - 17Y	8	Wed	Jul 4	7:45 - 8:45 p.m.	RYC	88128	\$25	\$35	\$55
Skateboard Deck...	6 - 12Y	1	Mon	Jul 9	4 - 6 p.m.	RYC	88141	\$35	\$45	\$65
Scooter Les... (Beg)	All Ages	8	Tue	Jul 3	6 - 7 p.m.	RYC	87669	\$71.88	\$82.28	\$101.88
Scooter Less... (Int)	All Ages	8	Tue	Jul 3	7 - 8 p.m.	RYC	87670	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Jul 3	6 - 7 p.m.	RYC	87661	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Tue	Jul 3	7 - 8 p.m.	RYC	87662	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Tue	Jul 3	7 - 8 p.m.	RYC	87668	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Tue	Jul 3	6 - 7 p.m.	RYC	87663	\$71.88	\$82.28	\$101.88
Sk8 - Axles 1	All Ages	8	Tue	Jul 3	7 - 8 p.m.	RYC	87665	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Tue	Jul 3	6 - 7 p.m.	RYC	87666	\$71.88	\$82.28	\$101.88

All programs/aquatics include RAS (Recommending a Strategy Surcharge) fee but DO NOT include applicable taxes. No taxes are applied on programs for 14 yrs. and under.

SK8 LESSONS - TRANSFERS 1

Students will be mastering ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground.

SK8 LESSONS - TRANSFERS 2

Students are challenged in this level to learn a new series of skills including mastering the Fakie of Flatground tricks. Leadership roles are encouraged, along with safety and equipment review.

SK8 LESSONS - TRANSFERS 3

Having successfully demonstrated competency on Flatground tricks, students will apply these tricks to obstacles. Maneuvers include ollieing out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.

SK8 LESSONS - TRANSFERS 4

This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers and learn about improving performance. Prove you can do anything, and demonstrate your versatility, leadership, and perseverance.

SPECIALTY

TACTICAL DISC TAG

Enjoy a challenging game of strategy and deception as you work with a team attempting to conquer another force using soft projectiles through a paintball course. Drop In single visits available. \$5 (mem) & \$7 (non-mem)

SPORTS

EIGHT & NINE BALL POOL FOR BEGINNERS

Learn the basics of 8 and 9 ball pool, play weekly games, and enjoy a final day tournament, with prizes.



ULTIMATE DODGEBALL

Enjoy a new form of dodgeball as you and your team will work together against another team through a giant inflatable paintball course.

YOGA FOR TEENS

This class will help to calm your mind, reduce stress and revitalize your body as you concentrate on balance, stretching, relaxation and muscle toning.

ZUMBA FOR TEENS

Classes feature easy-to-do moves set among exotic high-energy Latin and international beats. Each routine features fast and slow rhythms and resistance training to tone and sculpt your body while burning fat. You've never had so much fun while exercising!

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Sk8 - Transfers 1	All Ages	8	Tue	Jul 3	8 - 9 p.m.	RYC	87671	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Tue	Jul 3	8 - 9 p.m.	RYC	87672	\$71.88	\$82.28	\$101.88
Sk8 Le... Transfers 3	All Ages	8	Tue	Jul 3	8 - 9 p.m.	RYC	87673	\$71.88	\$82.28	\$101.88
Sk8 Le... Transfers 4	All Ages	8	Tue	Jul 3	8 - 9 p.m.	RYC	87674	\$71.88	\$82.28	\$101.88
Tactical Disc Tag	8 - 12Y	6	Thu	Jul 12	4:30 - 6 p.m.	RYC	88146	\$25	\$35	\$55
Tactical Disc Tag	13 - 18Y	6	Thu	Jul 12	6:30 - 8 p.m.	RYC	88147	\$25	\$35	\$55
Eight & Nine Ball...	8 - 12Y	4	Wed	Jul 4	4 - 4:30 p.m.	RYC	88142	\$15	\$15	\$15
Eight & Nine Ball...	8 - 12Y	4	Wed	Aug 1	4 - 4:30 p.m.	RYC	88143	\$15	\$15	\$15
Ultimate Dodgeball	8 - 12Y	8	Tue	Jul 3	4:30 - 6 p.m.	RYC	88144	Regular drop-In fees apply		
Ultimate Dodgeball	13 - 18Y	8	Tue	Jul 3	6:30 - 8 p.m.	RYC	88145	Regular drop-In fees apply		
Yoga for Teens	13 - 18Y	8	Tue	Jul 3	7 - 8 p.m.	RYC	88129	\$45	\$55	\$75
Zumba for Teens	13 - 18Y	8	Wed	Jul 4	7 - 7:45 p.m.	RYC	88130	\$45	\$55	\$75