

SPECIAL NEEDS/INCLUSION

The Town of Newmarket Recreation & Culture Department continues to develop program opportunities to better serve children, youth, young adults and adults with special needs. Please note that all programs listed throughout the guide welcome participants with special needs. This section features additional specific program opportunities and contact information. We provide a welcoming, comfortable and supportive environment to encourage participation, with the goal of supporting the individual person's progress. Some programs are designed specifically for children, youth and adults with special needs, but welcome all interested participants.

Inclusion Support

To facilitate opportunities for persons with and without disabilities to engage in leisure activities together, inclusion support may be required. If a participant requires support to participate, a caregiver or a volunteer is admitted to the program at no charge. Arrangements for one-to-one support staff are based on individual application and availability of inclusion facilitator staff/volunteers. Please call 905-953-5300, press 2, ext. 2710 to inquire about inclusion support or specific inclusion programs offered.

The Newmarket Shredders Sport Club

A club for athletes with a physical disability has been co-ordinated through a partnership with ParaSport Ontario. The Committee of volunteers with representation from OSHA, community members, local businesses, and Town of Newmarket all work together to support new program develop-



ment. Interested persons are welcome! The meetings will be held bi-monthly.

Wheelchair Basketball (Drop-in)

Come one come all to play Wheelchair Basketball! This is for everyone! Thursdays from 5:30 to 7 p.m. in the Tim Hortons Gym at the Magna Centre. Sports chairs are available! Cost: Child /Youth \$1.25, Adult \$2.25

Sledge Hockey Shinney

Available on Saturdays from 3:45 to 5:15 pm beginning June 2 through to August 25. Exception dates: July 7 and Aug. 18. Cost is \$5.50. Full equipment (helmet with face mask, shoulder, elbow and shin pads, neck guard and gloves) is required. Ice sledges are available for booking.

Equipment Use

Individuals may access ice sledges (with push handles or picks) for use in sledge hockey shinney or family/public skate times at the Magna Centre. Registration form and waiver must be completed. Pre-booking is recommended. Call 905-953-5303.

Aquatics

Swimming is a valuable activity for everyone. Private lessons are available at the Magna Centre. Additional support may be provided in general swimming classes if required. Please refer to the Aquatics Section of this guide for further details, or call 905-953-5303. Please note that all participants are required to complete a medical form at the first lesson.

Volunteer Opportunities

Interested in volunteering with these programs?

Volunteering is a wonderful and satisfying experience! Volunteers will gain valuable experience, develop new skills, and prepare for future employment and references, while contributing to making a difference for individuals in our community. Training is offered in two programs: Play Pal workshops or the Inclusion CIT certificate course.

ADULT SIT FIT & STRETCH

Participants with limited mobility will benefit from this upper body and core workout, sitting in chairs. Instruction on proper stretching to develop daily routine will also be included.

ADULT SOCIAL BOWLING

Come out for an afternoon of bowling with friends! Track your scores over this weekly program to see your personal best!!

ADULT SOCIAL SOFTBALL

Bring your glove and hat to come out and play softball! All abilities welcome. Meet friends, have fun and develop your skills.

ADULT SUMMER SWIM & MORE

An active program for adults with disabilities including, swim time, track & gym activities and social time. Participants are to provide their own snacks and lunch.



TEEN SOCIAL CLUB

Come out to participate in variety of teen social activities including art, music and leisure games and meet new friends. Participants will contribute to planning of weekly activities. This program is specifically designed for individuals who have special needs and facilitated by trained support staff.



National Access Awareness Week

May 28 – June 1

You are invited to an **Evening of Awareness**

Tuesday, May 29
| 5 – 9 pm
Magna Centre,
800 Mulock Drive

*To develop,
promote, and
recognize
Accessibility
Awareness in
Newmarket*

Information fair & exhibition, special guests, entertainment, sledge hockey, wheelchair dancing, wheelchair basketball and more. Everyone's welcome!

More details to follow. If you want to be involved in planning – please call
905-953-5300 x. 2710

SPECIAL NEEDS

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Fee
Adult Sit Fit & Stretch	18Y+	8	Mon	Jul 2	6 - 7:30 p.m.	MC	88187	\$78.84
Adult Sit Fit & Stretch	18Y+	8	Wed	Jul 4	5:30 - 7 p.m.	MC	88188	\$78.84
Adult Social Bowling	17Y+	8	Mon	Jul 2	1:30 - 3 p.m.	SL	87843	\$97.24
Adult Social Softball	17Y+	9	Thu	Jun 21	10 - 12 p.m.	RTRC	87844	\$47.30
Adult Summer Swim & More	17Y+	8	Wed	Jul 4	9:30 - 1:30 p.m.	MC	87845	\$97.24
Teen Social Club	11Y+	8	Thu	Jul 5	6:30 - 8:30 p.m.	RYC	87846	\$59.80

RYC - Recreation Youth Centre RTRC - Ray Twinney Recreation Centre MC - Magna Centre SL - Stellar Lanes