

YOUTH: ARTS & CULTURE

COOKING CLUB

Learn how to prepare and enjoy delicious meals each week with friends. Participants will take recipes home and show off their new culinary skills.

HIP HOP

If you love to dance, you will enjoy this fun, fit, program for youth featuring the latest Hip Hop tunes and moves.

SK8PARK

SCOOTER LESSONS (BEGINNER)

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, park etiquette, balance, and safety while riding in our Sk8park setting. Intro to the bunny hop and tailwhip will also be taught.

SCOOTER LESSONS (INTERMEDIATE)

Review and perfect the core elements taught in beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails, and ledges, as well as airs and spins.

SK8 LESSONS - STANCE

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. Helmets are mandatory. Elbow, knee and wrist pads are recommended.

SK8 LESSONS - KICKS 1

Roll-Ins: Students continue to establish balance, proper pushing, and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized.

SK8 LESSONS - KICKS 2

Drop-Ins: Students capable of demonstrating the ability of balance and basic skills will learn to drop in on 2 & 3 foot quarter pipes, ride fakie, reverts, move to 4 foot flatbank, roll in competency, learn ollie skills, and skateboard care.

YOUTH

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Cooking Club	10 - 14Y	8	Tue	Jan 17	5 - 6:30 p.m.	NRYC	87139	\$35	\$45	\$65
Hip Hop	12 - 17Y	8	Wed	Jan 18	7:45 - 8:45 p.m.	NRYC	87143	\$25	\$35	\$55
Scooter (Beg)	All Ages	8	Sat	Jan 21	10 - 11 a.m.	NRYC	87154	\$71.88	\$82.28	\$101.88
Scooter (Inter.)	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRYC	87156	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Jan 17	6 - 7 p.m.	NRYC	87162	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Jan 17	7 - 8 p.m.	NRYC	87522	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Sat	Jan 21	9 - 10 a.m.	NRYC	87163	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Tue	Jan 17	7 - 8 p.m.	NRYC	87166	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Sat	Jan 21	10 - 11 a.m.	NRYC	87167	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Tue	Jan 17	6 - 7 p.m.	NRYC	87168	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Sat	Jan 21	11 a.m. - 12 p.m.	NRYC	87523	\$71.88	\$82.28	\$101.88

Cooking Club	10 - 14Y	8	Tue	Apr 17	5 - 6:30 p.m.	NRYC	87141	\$35	\$45	\$65
Hip Hop	12 - 17Y	8	Wed	Apr 18	7:45 - 8:45 p.m.	NRYC	87146	\$25	\$35	\$55
Scooter (Beg)	All Ages	8	Sat	Apr 21	10 - 11 a.m.	NRYC	87155	\$71.88	\$82.28	\$101.88
Scooter (Inter.)	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRYC	87158	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Apr 17	6 - 7 p.m.	NRYC	87164	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Apr 17	7 - 8 p.m.	NRYC	87527	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Sat	Apr 21	9 - 10 a.m.	NRYC	87165	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Tue	Apr 17	7 - 8 p.m.	NRYC	87520	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Sat	Apr 21	10 - 11 a.m.	NRYC	87521	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Tue	Apr 17	6 - 7 p.m.	NRYC	87169	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Sat	Apr 21	11 a.m. - 12 p.m.	NRYC	87526	\$71.88	\$82.28	\$101.88

NRYC - Newmarket Recreation Youth Centre

SK8 LESSONS - AXLES 1

(Transitions) Students continue to develop skills of drop-in on quarters up to 4 and 5 feet, competency in kick turns, and proper pumping on transitions They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds.

SK8 LESSONS - AXLES 2

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe.

SK8 LESSONS - TRANSFERS 1

Students will be mastering ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground.

SK8 LESSONS - TRANSFERS 2

Students are challenged in this level to learn a new series of skills including mastering the Fakie of Flatground tricks. Leadership roles are encouraged, along with safety and equipment review.

SK8 LESSONS - TRANSFERS 3

Having successfully demonstrated competency on Flatground tricks, students will apply these tricks to

obstacles. Maneuvers include ollie out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.

SK8 LESSONS - TRANSFERS 4

This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers and learn about improving performance. Prove you can do anything, and demonstrate your versatility, leadership, and perseverance.

SPORTS

BADMINTON FOR KIDS

This new program is designed for children ages 7 to 12 years of age. Badminton FUNdamentals aims to offer participants a basic understanding of the importance of exercise, what badminton is, and how much fun the game can be! The number one goal of the program is to have FUN, and to learn a new sport!

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Sk8 - Axles 1	All Ages	8	Tue	Jan 17	7 - 8 p.m.	NRVC	87170	\$71.88	\$82.28	\$101.88
Sk8 - Axles 1	All Ages	8	Sat	Jan 21	9 - 10 a.m.	NRVC	87171	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Sat	Jan 21	10 - 11 a.m.	NRVC	87175	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Tue	Jan 17	6 - 7 p.m.	NRVC	87174	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Tue	Jan 17	8 - 9 p.m.	NRVC	87524	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87178	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Tue	Jan 17	8 - 9 p.m.	NRVC	87525	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87180	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 3	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87183	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 4	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87185	\$71.88	\$82.28	\$101.88
Badminton	All Ages	10	Sat	Jan 21	9 - 11 a.m.	NRVC	87513	\$25	\$35	\$55

Sk8 - Axles 1	All Ages	8	Tue	Apr 17	7 - 8 p.m.	NRVC	87172	\$71.88	\$82.28	\$101.88
Sk8 - Axles 1	All Ages	8	Sat	Apr 21	9 - 10 a.m.	NRVC	87173	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Tue	Apr 17	6 - 7 p.m.	NRVC	87176	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Sat	Apr 21	10 - 11 a.m.	NRVC	87177	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Tue	Apr 17	8 - 9 p.m.	NRVC	87528	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87179	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Tue	Apr 17	8 - 9 p.m.	NRVC	87529	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87182	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 3	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87184	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 4	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87186	\$71.88	\$82.28	\$101.88
Badminton	All Ages	10	Sat	Apr 21	9 - 11 a.m.	NRVC	87515	\$25	\$35	\$55

All programs/aquatics include RAS (Recommending a Strategy Surcharge) fee but DO NOT include applicable taxes. No taxes are applied on programs for 14 yrs. and under.