

NEWMARKET RECREATION YOUTH CENTRE + Sk8park (905-953-5120)

The Newmarket Recreation Youth Centre (NRYC) aims to provide a relaxed atmosphere for young people to hang out and have fun with friends. We focus on youth ages 13 to 17 years, but also feature specific opportunities for children under 13 and young adults 18+. Please feel comfortable leaving your child here so they can socialize with other youth, in a relaxed, yet supervised environment.

Parents are welcome to relax in the centre during the 12 and under periods; however, if you make use of the equipment (games / fitness area, gym, etc) you are required to purchase a wristband for \$1. Your dollar will help maintain our equipment, and allow for additional NRYC resources.

Annual Membership

Resident	\$14.13 includes tax
Non-resident	\$36.75 includes tax

A one time quick registration form and proof of age is all you need. Members receive reduced rates on registered programs, and may access the Youth Centre (excluding the Sk8 Park) for FREE! Photo ID membership cards will be issued.

NRYC membership permits free access to the lobby games area, computer lab, drop-in gym activities, fitness equipment (14+ years), large screen TV, and gaming systems.

Membership registration must be completed prior to course registration to receive discount prices. Registration must be in person at the Youth Centre, Ray Twinney Complex, Magna Centre or Municipal Office.

Youth Centre Fees 2012

Member Day Pass	FREE!
Non-Member Day Pass	\$1

(speciality programs and events may have additional charges)

Sk8Park Fees 2012

Child Day Pass (ages 12 & under)	\$7 includes tax
Member Day Pass (ages 13+)	\$7 includes tax
Non-member Day Pass (ages 13+)	\$9.25 includes tax
Helmet rentals (Helmets are mandatory)	\$2 includes tax
Member 10 Pass	\$56.27 includes tax
Non-member 10 Pass	\$73.34 includes tax

Closures

Holidays: January 1, April 6, 8 & 9, May 21

The NRYC will be closed on Saturdays and Sundays as of May 12, except for special events as advertised. The centre will begin regular weekend operation as of September 8, 2012.

Birthday Parties

To book Sk8park birthday parties, call 905-953-5300 ext. 2657.

National Skateboard Certification SKATZ Program

We offer a progression based skateboard teaching system consisting of five levels, with emphasis on skill development, challenge, safety and fun!

Be a Volunteer!

Develop your leadership skills, learn new skills, assist with special events, organize activities, meet new friends and have fun! Join the team of volunteers and complete your co-op or high school requirements. Apply in person or call 905-953-5120 to setup an appointment.

Private Lessons

Private skateboard and scooter lessons are available, based on park and instructor availability. Please call 905-953-5120 for more information.

New Programs

Do you have an idea for a new program here at the Youth Centre? Call 905-953-5300, press 2 then ext. 2821.

P.A. Day Programming

Call the NYRC to find out if we're open during school PA days.

Community/Corporate/School Event Destination

The NYRC is a great place to hold a special event relating to your community group, school, or corporate get-together. To discuss options or to book a room, please call 905-953-5120.

YOUTH: ARTS & CULTURE

COOKING CLUB

Learn how to prepare and enjoy delicious meals each week with friends. Participants will take recipes home and show off their new culinary skills.

HIP HOP

If you love to dance, you will enjoy this fun, fit, program for youth featuring the latest Hip Hop tunes and moves.

SK8PARK

SCOOTER LESSONS (BEGINNER)

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, park etiquette, balance, and safety while riding in our Sk8park setting. Intro to the bunny hop and tailwhip will also be taught.

SCOOTER LESSONS (INTERMEDIATE)

Review and perfect the core elements taught in beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails, and ledges, as well as airs and spins.

SK8 LESSONS - STANCE

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. Helmets are mandatory. Elbow, knee and wrist pads are recommended.

SK8 LESSONS - KICKS 1

Roll-Ins: Students continue to establish balance, proper pushing, and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized.

SK8 LESSONS - KICKS 2

Drop-Ins: Students capable of demonstrating the ability of balance and basic skills will learn to drop in on 2 & 3 foot quarter pipes, ride fakie, reverts, move to 4 foot flatbank, roll in competency, learn ollie skills, and skateboard care.

YOUTH

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Cooking Club	10 - 14Y	8	Tue	Jan 17	5 - 6:30 p.m.	NRYC	87139	\$35	\$45	\$65
Hip Hop	12 - 17Y	8	Wed	Jan 18	7:45 - 8:45 p.m.	NRYC	87143	\$25	\$35	\$55
Scooter (Beg)	All Ages	8	Sat	Jan 21	10 - 11 a.m.	NRYC	87154	\$71.88	\$82.28	\$101.88
Scooter (Inter.)	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRYC	87156	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Jan 17	6 - 7 p.m.	NRYC	87162	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Jan 17	7 - 8 p.m.	NRYC	87522	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Sat	Jan 21	9 - 10 a.m.	NRYC	87163	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Tue	Jan 17	7 - 8 p.m.	NRYC	87166	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Sat	Jan 21	10 - 11 a.m.	NRYC	87167	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Tue	Jan 17	6 - 7 p.m.	NRYC	87168	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Sat	Jan 21	11 a.m. - 12 p.m.	NRYC	87523	\$71.88	\$82.28	\$101.88

Cooking Club	10 - 14Y	8	Tue	Apr 17	5 - 6:30 p.m.	NRYC	87141	\$35	\$45	\$65
Hip Hop	12 - 17Y	8	Wed	Apr 18	7:45 - 8:45 p.m.	NRYC	87146	\$25	\$35	\$55
Scooter (Beg)	All Ages	8	Sat	Apr 21	10 - 11 a.m.	NRYC	87155	\$71.88	\$82.28	\$101.88
Scooter (Inter.)	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRYC	87158	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Apr 17	6 - 7 p.m.	NRYC	87164	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Tue	Apr 17	7 - 8 p.m.	NRYC	87527	\$71.88	\$82.28	\$101.88
Sk8 - Stance	All Ages	8	Sat	Apr 21	9 - 10 a.m.	NRYC	87165	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Tue	Apr 17	7 - 8 p.m.	NRYC	87520	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 1	All Ages	8	Sat	Apr 21	10 - 11 a.m.	NRYC	87521	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Tue	Apr 17	6 - 7 p.m.	NRYC	87169	\$71.88	\$82.28	\$101.88
Sk8 - Kicks 2	All Ages	8	Sat	Apr 21	11 a.m. - 12 p.m.	NRYC	87526	\$71.88	\$82.28	\$101.88

NRYC - Newmarket Recreation Youth Centre

SK8 LESSONS - AXLES 1

(Transitions) Students continue to develop skills of drop-in on quarters up to 4 and 5 feet, competency in kick turns, and proper pumping on transitions They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds.

SK8 LESSONS - AXLES 2

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe.

SK8 LESSONS - TRANSFERS 1

Students will be mastering ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground.

SK8 LESSONS - TRANSFERS 2

Students are challenged in this level to learn a new series of skills including mastering the Fakie of Flatground tricks. Leadership roles are encouraged, along with safety and equipment review.

SK8 LESSONS - TRANSFERS 3

Having successfully demonstrated competency on Flatground tricks, students will apply these tricks to

obstacles. Maneuvers include ollie out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.

SK8 LESSONS - TRANSFERS 4

This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers and learn about improving performance. Prove you can do anything, and demonstrate your versatility, leadership, and perseverance.

SPORTS

BADMINTON FOR KIDS

This new program is designed for children ages 7 to 12 years of age. Badminton FUNdamentals aims to offer participants a basic understanding of the importance of exercise, what badminton is, and how much fun the game can be! The number one goal of the program is to have FUN, and to learn a new sport!

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Sk8 - Axles 1	All Ages	8	Tue	Jan 17	7 - 8 p.m.	NRVC	87170	\$71.88	\$82.28	\$101.88
Sk8 - Axles 1	All Ages	8	Sat	Jan 21	9 - 10 a.m.	NRVC	87171	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Sat	Jan 21	10 - 11 a.m.	NRVC	87175	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Tue	Jan 17	6 - 7 p.m.	NRVC	87174	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Tue	Jan 17	8 - 9 p.m.	NRVC	87524	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87178	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Tue	Jan 17	8 - 9 p.m.	NRVC	87525	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87180	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 3	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87183	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 4	All Ages	8	Sat	Jan 21	11 - 12 p.m.	NRVC	87185	\$71.88	\$82.28	\$101.88
Badminton	All Ages	10	Sat	Jan 21	9 - 11 a.m.	NRVC	87513	\$25	\$35	\$55

Sk8 - Axles 1	All Ages	8	Tue	Apr 17	7 - 8 p.m.	NRVC	87172	\$71.88	\$82.28	\$101.88
Sk8 - Axles 1	All Ages	8	Sat	Apr 21	9 - 10 a.m.	NRVC	87173	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Tue	Apr 17	6 - 7 p.m.	NRVC	87176	\$71.88	\$82.28	\$101.88
Sk8 - Axles 2	All Ages	8	Sat	Apr 21	10 - 11 a.m.	NRVC	87177	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Tue	Apr 17	8 - 9 p.m.	NRVC	87528	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 1	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87179	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Tue	Apr 17	8 - 9 p.m.	NRVC	87529	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 2	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87182	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 3	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87184	\$71.88	\$82.28	\$101.88
Sk8 - Transfers 4	All Ages	8	Sat	Apr 21	11 - 12 p.m.	NRVC	87186	\$71.88	\$82.28	\$101.88
Badminton	All Ages	10	Sat	Apr 21	9 - 11 a.m.	NRVC	87515	\$25	\$35	\$55

All programs/aquatics include RAS (Recommending a Strategy Surcharge) fee but DO NOT include applicable taxes. No taxes are applied on programs for 14 yrs. and under.



BALL HOCKEY

Fast action league play, with weekly games, warm ups, drills and final tournament. Team jerseys will be provided and a final tournament will take place on the last day.

BASKETBALL (AFTER SCHOOL)

Enjoy the sport of basketball with weekly skill development focusing on dribbling, passing, shooting and game play. Each day will also feature a game, then free time in the gym to practice.

TRY THE TRI TRIATHLON

A sport event designed to offer an opportunity to experience the sport of Triathlon in a non-competitive environment. Participants swim, bike, and run different distances for each age category. All abilities are welcome. \$30/person at early bird price or \$35/person after March 31. For dates and race kit pick up information visit www.newmarket.ca.

All proceeds of this activity are directed to the Town of Newmarket Financial Assistance and Accessibility Fund.

YOGA FOR TEENS

This class will help to calm your mind, reduce stress and revitalize your body as you concentrate on balance, stretching, relaxation and muscle toning.

ULTIMATE SPORTS

Each week, play a different sport such as soccer, floor hockey, basketball, volleyball, badminton, and more.

ZUMBA

Classes feature easy-to-do moves set among exotic high-energy Latin and international beats. Each routine features fast and slow rhythms and resistance training to tone and sculpt your body while burning fat. You've never had so much fun while exercising!

PROGRAM	Age	# of Classes	Day	Start Date	Time	Place	Code	Price		
								M	NM	NM-NR
Ball Hockey	8 - 12Y	8	Thu	Jan 19	4:30 - 5:30 p.m.	NRVC	87187	\$25	\$35	\$55
Basketball (After...)	5 - 12Y	8	Tue	Jan 17	4 - 4:30 p.m.	NRVC	87509	\$35	\$45	\$65
Ultimate Sports	7 - 12Y	8	Sat	Jan 21	1 - 2 p.m.	NRVC	87189	\$25	\$35	\$55
Yoga for Teens	13Y+	8	Tue	Jan 17	7 - 8 p.m.	NRVC	87539	\$45	\$55	\$75
Zumba	13Y+	8	Wed	Jan 18	7 - 7:45 p.m.	NRVC	87541	\$45	\$55	\$75

Ball Hockey	8 - 12Y	8	Thu	Apr 19	4:30 - 5:30 p.m.	NRVC	87188	\$25	\$35	\$55
Basketball	5 - 12Y	8	Tue	Apr 17	4 - 4:30 p.m.	NRVC	87510	\$35	\$45	\$65
Try the Tri Triathlon	12 - 13Y	1	Sat	Jun 9	8 a.m. - 8 p.m.	RTRC	87381	Refer to description		
Try the Tri Triathlon	14 - 16Y	1	Sat	Jun 9	8 a.m. - 8 p.m.	RTRC	87597	Refer to description		
Ultimate Sports	7 - 12Y	7	Sat	Apr 21	1 - 2 p.m.	NRVC	87190	\$25	\$35	\$55
Yoga for Teens	13Y+	8	Tue	Apr 17	7 - 8 p.m.	NRVC	87540	\$45	\$55	\$75
Zumba	13Y+	8	Wed	Apr 18	7 - 7:45 p.m.	NRVC	87542	\$45	\$55	\$75

NRVC - Newmarket Recreation Youth Centre



SKATEBOARDING FOR ADULTS!

Come out and enjoy the Newmarket Recreation & Youth Centre's sk8park with other adults. Feel free to enjoy the park at your own pace, or get some tips from experienced on-site staff.

Tuesday | 9 - 10 p.m. | 8 weeks

Beginning January 17 [Code: 87517]

Beginning April 17 [Code: 87518]

Resident: \$71.88 Non-Resident: \$101.88

THE FUSION GROUP

A social club focused on creating positive ties with youth from the LGBT community. It meets the second Monday of each month from 7 to 9 p.m. Call for more information.

LACROSSE

In partnership with Redbirds Lacrosse, drop-in and play Tues nights. Under 10 yrs. from 7 to 8 p.m. and 10+ years from 8 to 9 p.m.!

Last Day for Lacrosse: **March 27**

Look for it again at the NYRC in the Fall

INCLUSION CIT (COUNSELLOR IN TRAINING)

Learn the basics of Leader training for inclusion programs: including adaptive programming, sports and games for those with special needs. Program will include classroom instruction and placements. Certificate to be presented on successful completion.

14 - 30 yrs. | 10 Classes | Jan 14 | 9 a.m. - Noon
Magna Centre | Code: 86777 | \$100

EIGHT & NINE BALL POOL FOR BEGINNERS

4 - 4:30 p.m. | 4 week | \$10/session

Session start dates:

January 18 [Code: 87496]

February 15 [Code: 87497]

April 18 [Code: 87498]

May 16 [Code 87499]

Schedule JANUARY 2 – JUNE 29

	12 & Under	13 & Up
Monday	4 – 6 p.m.	6 – 9 p.m.
Tuesday	4 – 6 p.m.	6 – 9 p.m.
Wednesday	4 – 6 p.m.	6 – 9 p.m.
Thursday	4 – 6 p.m.	6 – 10 p.m.
Friday	4 – 6 p.m.	6 – 10 p.m.
Saturday	9 a.m. – 3 p.m.	3 – 9 p.m.
Sunday	10 a.m. – 1 p.m.	1 – 4 p.m.

Please Note:

- The Sk8 Park is not available during lessons on Saturday mornings, as indicated in this guide.
- The Sk8 Park is not available during lessons on Tuesday night, as indicated in this guide.
- The gym is dedicated to lacrosse Tuesday night until March 27th. 7 p.m. = under 10 years, 8 p.m. = 10+ years.
- The gym is not available Wed. nights during the archery program.
- Scooter riders who wish to use the Sk8 Park must follow the pattern of use similar to that of a skateboarder or rollerblader. If posted park etiquette can be followed, scooter riders will continue to be permitted to use the park on a regular basis, according to advertised age guidelines.
- Contact us for information on private Sk8 lessons, birthday party packages, or facility rentals.

What's in your NRYC?



COMPUTER LAB Perfect for gaming, research for school assignments, or chatting with friends. The lab is available whenever the centre is open, outside of registered program use.

LOUNGE Perfect for hanging out with friends in an environment made just for you. The lounge is almost always available, but just to be sure; an updated schedule will be posted at the lounge door.



GAMES AREA Pool table, tabletop shuffleboard, air hockey tables, foosball, table tennis, large screen TV, Wii, and assorted board games.

FITNESS / WEIGHT AREA Includes various cardio machines and weights. You must be 14+ to use.





VENT PROGRAM

Wednesdays | 6 to 9 p.m.

VENT prides itself on being a safe, confidential and accepting social space for youth aged 16 to 25. Stop by to hang out, meet friends, and be yourself.

PIZZA AND A MOVIE

Fridays - 4:15 p.m. (12 & Under)
 Fridays - 6:30 p.m. (13 & Up)

Pizza is \$1.50 per slice.

The movie is **FREE** with your admission to the NRYC.

SKATZ INSTRUCTOR COURSE May 26 – 27

Spring 2012 Courses | 9 a.m. to 5 p.m.

Level 1 – Saturday, May 26 (Code:87537)

Level 2 – Sunday, May 27 (Code: 87536)

Level 1 prepares individuals to instruct beginner levels of the SKATZ program. This includes theoretical and practical instruction including safety, role of the instructor, child development, lesson planning, and teaching tips and resource materials. A training manual is provided along with SKATZ technical outline of Stance and Kicks 1 & 2. Participants must provide their own board. Helmets are mandatory.

Level 2 covers practical and theoretical instruction and includes SKATZ technical components for Axles 1, 2, and 3. An instructor handbook is included along with resource materials. Participants must bring their own board. Helmets are mandatory.

Call for more information and to register.



KIDZ DANCE PARTY NEWMARKET January 13 – June 22

(previously at the Newmarket Optimist's Club)

Friday Nights | 8 to 13 yrs

6:30 to 10 p.m. | \$10 includes pizza & drink

Jan 13 & 27

Mar 9, 23 & 30

May 4, 18 & 25

Feb 10 & 24

Apr 13 & 20

Jun 8 & 22

BLUE TILE LOUNGE SKATEBOARD COMPETITION January 21

Under 12 – 4 to 6 p.m. (Code: 87535)

13 and Over – 6 to 9 p.m. (Code: 87534)

MASSIVE PRIZE PACKS GO TO EACH WINNER!

Sponsors and items will be announced closer to the event.

Call the NRYC for more information: 905-953-5120

Blue Tile Lounge Skateboard Shop: 905-836-5741

All proceeds go to the Newmarket Recreation Youth Centre!



DODGEBALL TOURNAMENT February 5, May 6

You must pre-register, and know the names of the other players on your team. Great **FUN** and **PRIZES!**

February 5

8 to 12 yrs | 10:30 a.m. | 87506

13 to 18 yrs | 2 p.m. | 87507

May 6

8 to 12 yrs | 10:30 a.m. | 87505

13 to 18 yrs | 2 p.m. | 87508



2012 SCOOTER COMPETITION February 18

Amateur: Under 12	4 p.m.	Code: 87551
Amateur: 13+	5 p.m.	Code: 87552
Amateur Best Trick:	6 p.m.	Code: 87553
PRO: All Ages	7 p.m.	Code: 87554
PRO Best Trick:	8 p.m.	Code: 87555

\$20
ENTRY
FEE

Registration entitles participant to either Amateur or PRO competition AND automatically enters them into the Best Trick portion. Includes Pizza and a drink GREAT PRIZES & GIVEAWAYS!!

Call for more information 905-953-5120



FOOS BALL COMPETITIONS February 19, May 6

Compete against other foos ballers in a battle of epic proportions.

Sunday, February 19 | 11 a.m. (Code: 87504)
Sunday, May 6 | 11 a.m. (Code: 87503)

\$10
includes
pizza &
prizes!



SK8 PARK VIDEO CONTEST March 7

Public Screening & Awards Night
7 p.m. | Recreation Youth Centre

Prizes will be awarded for 1st, 2nd, 3rd place.
[Submission Deadline - February 29, 2012](#)

For complete information on the contest, call 905-953-5120



INDOOR WHIFFLE/SOFTBALL TOURNAMENT March 4 & April 29

8 to 14 yrs | 11 a.m. | [Price includes pizza!](#)
Sunday, March 4 (Code: 87511)
Sunday, April 29 (Code: 87512)

\$10
PER
PLAYER

REAL YOUTH 2012 May 5

Free admission | 11 a.m. to 4 p.m.

Performances, entertainers, contests, and so much more. Call or stop by the NYRC for details.

FREE

SKATEBOARD DECK DESIGN May 13

10 a.m. to 1 p.m. (Code: 87538)

The Sk8Park will be open today, JUST for registrants of this program. Have the whole park to yourself!

Paint your own board: **\$30**
Paint a new deck: **\$60**

YOUTH